

A colorful illustration of several children sitting on the floor, engaged in drawing and coloring. One child is drawing a sun, another a crab, and others are drawing various shapes and patterns. The children are diverse in appearance and are shown in various poses, some kneeling, some sitting, and some lying on their stomachs. The background is a light gray floor with some scattered drawing supplies like crayons and markers.

## Inner Child Workshop “Awakening my Little One”

*In this workshop besides our readings we will use collages, writing with our non-dominant hand, some dominant hand writing, music from RSG Awakening My Little One, drawing, scribbling, doodling, coloring and meditations to find our Inner Child while seeking our connection with a Higher Power to guide us through this process.*

*Please have your picture from when you were a child, blank paper, pencils, crayons, scissors, cutouts of old magazines, and glue to do exercises with your Inner Child to scribble/doodle/draw/create a collage/write letters, affirmations or feeling words.*

**ACA IG #711** is inviting you to a scheduled Zoom meeting.  
Topic: **Inner Child Workshop - "Awakening My Little One"**

Time: **Dec 25, 2020 15:00 - 17:00 CET** - Amsterdam, Berlin, Rome, Stockholm, Vienna

Join Zoom Meeting

<https://us02web.zoom.us/j/89729239660?pwd=YlN3SWptS2QyamxURUdUaGl0eGpuZz09>

Meeting ID: 897 2923 9660

Passcode: 711

Find your local number: <https://us02web.zoom.us/u/keHVWiB2sP>

For additional info please e mail: [acoacarlat@gmail.com](mailto:acoacarlat@gmail.com)